Know 7 habits and their definitions

Paradigms

Personal Bank Account and Relationship Bank Account
  • Know examples of deposits and withdrawals
  • Baby Steps Worksheet!

Be Proactive
  • Proactive vs. Reactive, 4 Human Tools

Begin with the End in Mind
  • Mission Statement
  • SMART Goals and WISE

Put 1st things 1st
  • Time Quadrants (Know all 4)
Personal Mission Statements

A personal motto that states what your life is about

Why would a personal mission statement be important to you?
Making your own Personal Mission Statement

- Your mission statement should inspire you
- You should review it often and it will help guide you in your decisions
Be Free
Be True
&
Always Love What I Do

LOVING Life
Witty
healthy
Generous
strong
Energetic
Reliable
First and foremost, I will remain faithful always to my God.

I will not underestimate the power of family unity.

I will not neglect a true friend, but I will set aside time for myself as well.

I will cross my bridges as I come to them (divide and conquer).

I will begin all challenges with optimism, rather than doubt.

I will always maintain a positive self-image and high self-esteem, knowing that all my intentions being with self-evaluation.
I will live by my own policies.
I will sleep with a clear conscience.
I will sleep in peace.